



QUIET MAN IRISH PUB LUNCH MENU www.thequietmanirishpub.com.au

271 RACECOURSE ROAD - FLEMINGTON - PHONE (03) 9376 6232 - Fax: (03) 9376 2404

FAX MENU Monday to Thursday 12pm - 2pm – Friday & Saturday 12pm - 5pm – Sunday 11am - 5pm

BREAKFAST

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|--|---------|-----------|-------------|----------------------------|
| 1. Traditional Full Irish Breakfast
Two eggs, sausage, bacon, pudding, tomatoes, grilled onions, mushrooms and toast | \$12.90 | No: _____ | TIME: _____ | SPECIAL REQUIREMENTS _____ |
| 2. Bacon and Eggs
Boiled, scrambled, fried or poached eggs with crispy bacon and toast | \$9.90 | No: _____ | TIME: _____ | SPECIAL REQUIREMENTS _____ |
| 3. Working Man's Breakfast
All the goodness from an Irish Breakfast and add 200g steak, beans and chips | \$16.90 | No: _____ | TIME: _____ | SPECIAL REQUIREMENTS _____ |
| 4. A Healthy Hearty Breakfast
Sautéed mushrooms and spinach on thick toast with perfectly poached eggs | \$9.90 | No: _____ | TIME: _____ | SPECIAL REQUIREMENTS _____ |

SALADS

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| 5. Chefs Hot Salad
Your choice of either Tiger Prawns or Chicken tenderloins pan fried in sweet chili sauce surrounded by mixed leaves infused with cherry tomatoes, olives, feta cheese, avocado, boiled eggs and coleslaw in a light balsamic vinaigrette | \$14.90 | No: _____ | TIME: _____ | SPECIAL REQUIREMENTS _____ |
| 6. Smoked Salmon Stack
Delicious Atlantic smoked salmon, warm oven roasted sweet potato, cucumber and a variety of mixed leaves presented in a stack with dill dressing, garnished with fried caper berries and a wedge of lemon | \$13.90 | No: _____ | TIME: _____ | SPECIAL REQUIREMENTS _____ |
| 7. Cork's Finest Caesar Salad
Cos lettuce leaves lightly coated in a Caesar salad dressing with crispy bacon, crunchy croutons, boiled egg, and aged parmesan. With grilled chicken (add \$4.00) | \$10.90 | No: _____ | TIME: _____ | SPECIAL REQUIREMENTS _____ |

MAINS

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|--|---------|-----------|-------------|----------------------------|
| 8. Stewing Pots
Your choice of Traditional Irish Stew or Beef Stew served with the Quiet Man's edible loaf | \$13.90 | No: _____ | TIME: _____ | SPECIAL REQUIREMENTS _____ |
| 9. Marinated Chicken & Avocado Sandwich
In thick rustic lightly toasted bread with crunchy lettuce, red onion and tomato served with chunky chips and tomato ketchup | \$10.90 | No: _____ | TIME: _____ | SPECIAL REQUIREMENTS _____ |
| 10. Paddy's Prawn Open Sandwich
Cooked prawns on Irish soda bread topped with our own creamy Marie-Rose sauce and surrounded by a mixed garden salad | \$12.90 | No: _____ | TIME: _____ | SPECIAL REQUIREMENTS _____ |
| 11. Tipperary's Tuna Melt
Irish soda bread topped with chunks of tuna, onion and diced tomato with melted mozzarella cheese served on a bed of mixed salad | \$10.90 | No: _____ | TIME: _____ | SPECIAL REQUIREMENTS _____ |
| 12. The Quiet Man Parma
Crumbed chicken breast topped with ham, salsa and mozzarella cheese served with chips and salad | \$13.90 | No: _____ | TIME: _____ | SPECIAL REQUIREMENTS _____ |
| 13. Buncranna's Bangers and Mash
Irish pork sausages nestled on creamy mash potatoes and topped with a rich onion gravy | \$11.90 | No: _____ | TIME: _____ | SPECIAL REQUIREMENTS _____ |
| 14. South's Steak
Prime Porterhouse (200g) nestled on creamy mash with a choice of mushroom, pepper or rich onion gravy | \$14.90 | No: _____ | TIME: _____ | SPECIAL REQUIREMENTS _____ |
| 15. Sligo's Salmon and Prawn Pie
Chunks of fresh salmon fillets and cooked prawns in a parmesan and dill sauce topped with creamy champ potatoes and served with fresh buttered greens | \$16.90 | No: _____ | TIME: _____ | SPECIAL REQUIREMENTS _____ |
| 16. Lightly Crumbed Calamari
With a hint of pesto served with salad, chips, tartare sauce and lemon wedges | \$13.90 | No: _____ | TIME: _____ | SPECIAL REQUIREMENTS _____ |
| 17. Fisherman's Catch
A variety of fresh seafood served hot in a wicker basket with chips, lemon wedges and tartare sauce | \$14.90 | No: _____ | TIME: _____ | SPECIAL REQUIREMENTS _____ |
| 18. Dublin Bay Fish 'n' Chips
Freshly caught fish in a crisp batter. Served with salad, chips, lemon wedges and tartare sauce | \$14.50 | No: _____ | TIME: _____ | SPECIAL REQUIREMENTS _____ |
| 19. Shannon's Salmon
Fresh oven baked salmon fillet topped with a chunky salsa. Served on a bed of green beans and spinach with creamy champ potatoes | \$16.90 | No: _____ | TIME: _____ | SPECIAL REQUIREMENTS _____ |
| 20. Belfast's Baked Spuds
Freshly baked potato with crispy bacon, onion, mushroom and melted mozzarella cheese, served with a side salad and coleslaw (vegetarian option available) | \$12.90 | No: _____ | TIME: _____ | SPECIAL REQUIREMENTS _____ |

SIDES

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|---|--------|-----------|-------------|
| 21. Bowl of Chips or Wedges | \$6.50 | No: _____ | TIME: _____ |
| 22. Wedges with Bacon and Cheese | \$8.00 | No: _____ | TIME: _____ |
| 23. Soup of the Day Served with traditional Irish soda bread | \$7.00 | No: _____ | TIME: _____ |
| 24. Garlic Bread | \$5.00 | No: _____ | TIME: _____ |

NAME: _____

PHONE NO: _____ FAX NO: _____

