



The Quiet Man Canape Menu

Platter of Beef and Vegetable Pies (45 Pieces)	\$70.00
Assortment of Quiches and Pizzas (45 Pieces)	\$70.00
Asian Platter Variety of Dim Sims, Spring Rolls, Wan Tongs and Dipping Sauce (45 Pieces)	\$70.00
Sizzling Platter Chicken and Beef Kebabs marinated in sweet chilli and served on hot sizzle platters (45 Pieces)	\$110.00
Assortment of Pies, Pizzas and Quiches (90 Pieces)	\$110.00

PRE ORDERING ESSENTIAL

**Great food for: office parties;
business lunches; family gatherings
& all special occasions.**

**Group bookings in the privacy of
our beer garden or a section of our
restaurant. Call for a booking.**

Lunch Menu

Slievemore Steak Sandwich Porterhouse steak (150 gms), cooked to your preference, nestled in a fresh baguette with crunchy lettuce, tomato & onion, served with chips and tomato sauce.	\$10.90
Coab's Corner Your choice of any of the following served in the Quiet Man's edible loaf: (Irish Stew, Beef Stew, Coddle (sausage, bacon and vegetable) & Seafood Chowder)	\$9.90
'True Blue' Chicken Parma Crumbed chicken breast topped with bacon, salsa, mozzarella cheese and served with chips	\$9.90
Grilled Fish of the Day Flavoured with herbs and spices and served with salad, chips, lemon and tartare	\$12.90
South's Steak Prime porterhouse (150 gms) nestled on creamy mash with a choice of mushroom, pepper or rich onion gravy.	\$12.90
Dublin Bay Fish n' Chips Freshly caught fish in a crisp beer batter, with chips, salad, lemon and tartare	\$9.90
Grilled Calamari Salad served with a lemon and herb dressing and chips	\$9.90
Cork's own Caesar Salad Crunchy cos lettuce coated in Caesar dressing, with crisp bacon, parmesan, croutons and anchovies (optional). With grilled chicken breast, add \$3	\$9.90
Bertie's Bangers n' Mash Irish Pork Sausages on mash potato and topped with rich onion gravy	\$9.90
Clohessey's Croquettes Crumbed vegetable croquettes served with basil dressing and mixed leaves	\$9.90
Chicken and Avocado Salad Marinated chicken filets with prime avocado, seasonal leaves and a sharp French dressing	\$9.90
Hurling Club Sandwich This huge sandwich filled with bacon, chicken, tomato and lettuce is served with chips	\$8.90
Traditional Full Irish Breakfast 2 fried eggs, sausage, bacon, black n' white pudding, sautéed mushrooms, tomato and toast	\$9.90
Sides Bowl of chips Bowl of wedges Wedges with Bacon and Cheese Soup of the Day	\$6.00 \$6.00 \$7.50 \$5.00

Fax menu available for pre-order. Ideal for business lunches & time poor diners.

Ring (03) 9376 62332 for a copy of the menu or download from our website (food page), www.thequietman.com.au



271 Racecourse Road Flemington
Telephone (03) 9376 6232
www.thequietman.com.au



Céad Mile Fáilte
(One Hundred Thousand Welcomes)



The Quiet Man is a
Multi Award Industry Winning Pub

Restaurant Hours:

Lunch: Monday - Thursday 12 - 2pm
Friday & Saturday 12 - 5pm, Sunday 11am - 5pm

Dinner: Monday - Thursday 6-9pm
Friday & Saturday 5-10pm, Sunday 5-9pm

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Oysters

All oysters are freshly opened, served in their shells, on a bed of rock salt with lemon wedges

Natural Oysters

Chilled rock oysters served with lemon wedges
half dozen \$10.90, dozen \$19.90

Oysters Kilpatrick

Hot rock oysters with crisp bacon and Worcestershire sauce
half dozen \$12.90, dozen \$21.90

Dingle Oysters

Hot rock oyster, with sautéed spinach and a mornay cheese glaze
half dozen \$13.90, dozen \$22.90

Guinness Stout Oysters

Cooked in stout batter, served hot in their shells
half dozen \$12.90, dozen \$21.90

Starters

A "Wee taste" of Scottish Haggis

Probably your only chance to taste this unique Celtic dish served with champ potatoes and rich onion gravy
\$12.90

Hot "N" Hearty Soup of the Day

\$7.90

Freshly Baked

Traditional Soda Bread or Crusty Garlic Bread Baked on the premises, using the family recipe
\$4.50

The Manors Quay Stuffed Quail

With a bacon and mushroom stuffing, nestled on wilted spinach and with a plum glaze finish.
\$12.90

The Four Provinces Sampler Dish

Can't decide? Try a little bit of everything, including Oysters Kilpatrick, tiger prawns, calamari, croquette and haggis (Minimum of two people)
\$9.90 per person

Clohessey's Croquette

Crumbed vegetable croquettes, served with a basil dressing and mixed leaves
\$9.90

The G.A.C.

Grilled Australian Calamari, served in a mixed green salad, with a sharp French dressing, lemon and tartar sauce
\$9.90

Pan Fried Salad of "Inis Mor" Prawns

Enfused in a tomato, garlic and white wine jus accompanied by baby coss leaves.
\$11.90

Out of the Coop

The Munster Maryland

Plump chicken breast encased in crispy breadcrumbs, with pineapple fritters, chips and salad.
\$18.90

The "True Blue" Chicken Parma

Succulent chicken breast, coated with herbed breadcrumbs, topped with ham, tomato salsa and grated mozzarella, served with chips and salad
\$16.90

Crossmaglen Chicken Breast

With a country style ham and mushroom stuffing, roast potatoes, vegetables and rich red wine jus
\$18.90

Padraig's Potted Pie

Succulent chicken & field mushrooms enfused in a creamy white wine sauce, topped with a potato lid and accompanied by a crunchy house salad.
\$17.90

Plucked from D' Soil

Bubble 'n' Squeak

Creamy champ potatoes infused with onion and field mushrooms, topped with a fried egg, served on a tomato and basil sauce
\$14.90

Devilled Potatoes

Baked Potatoes filled with a tomato and champ stuffing, gratinated with aged mozzarella, served with a garden salad
\$14.90

Boxty Potato Pancakes

Potato pancakes topped with tomato salsa and grated mozzarella
\$14.90

Baked Pitivers

Stuffed with peppers, goats cheese, aubergine and red cabbage, served on a chive and champagne sauce
\$14.90

The Stewing Pots

Traditional Irish Stew

Tenderly stewed lamb, served in its own juices with potatoes and vegetables
\$15.90

Bally McElligott's Brown Beef Stew

Slowly stewed pieces of beef, potatoes and vegetables in a brown beef stock, served with brown soda bread
\$15.90

Dublin's very own Coddle

Rarely experienced outside of Ireland, this unique dish combines the flavours of bacon, sausages, potatoes and vegetables slowly stewed together
\$15.90

Arthur's Beef "n" Guinness Pie

Tenderly cooked beef and garden vegetables all enfused in a rich Guinness stock, topped with a potato lid and served with a crunchy green salad
\$15.90

Out of the Nets

Seafood Chowder

A variety of fresh seafood, infused with a white wine and fish Béchamel served in The Quiet Man signature loaf
\$16.90

Succulent Snapper

Whole roasted baby snapper, presented on a sizzling platter with roast potatoes, vegetables and hollandaise sauce.
\$21.90

Connemara's Seafood Platter

A vast selection of hot and cold seafood, including oysters, calamari, tiger prawns, smoked salmon and seafood sauces (minimum of two people)
\$22.90 per Person

Dublin Bay Fish n Chips

Freshly caught filets, coated in beer batter, served with chunky fries, house salad, lemon and tartar sauce
\$18.90



The Mart

Medallions of "Peader's Pork"

Nestled on champ mash, vegetables, apple sauce and a creamy mustard juc.
\$19.90

Loin of Luimneach Lamb

With a baked ratatouille tomato, champ potatoes, and a rich red wine jus
\$22.90

Seamus Sizzling Supper

Any one of the following steaks: **Rib Eye Steak (400gr)**, **T-Bone Steak (400gr)**, **Scotch Fillet (400gr)** cooked to your preference. The steak is served with roast potatoes, vegetables and your choice of sauce. Presented on a sizzling platter.
\$23.90

Peadar's Prime Porterhouse Steak

Served with chunky fries, salad and your choice of sauce.
\$22.90

Bangers & Mash

Irish Pork Sausages topped with crisp bacon, on creamy mash with onion gravy
\$16.90

Liam McCarthy's Lamb Shanks

Nestled on champ potatoes, with forets of broccoli, cauliflower, carrots and a rich red wine jus.
\$18.90

Bagun agus Cabaiste

Bacon and cabbage cooked the traditional way, served on creamy mash, finished with a parsley sauce
\$15.90

Roast Rack of Ringaskiddy Ribs

Basted in a sweet and sour sauce, served with chunky chips and house salad
\$17.90



Carpet Bag Steak

Steak stuffed with freshly opened oysters, wrapped with crisp bacon, while resting on spinach mash with baby carrots and pepper sauce
\$23.90

The Quiet Man Steak

Prime porterhouse steak topped with whole roasted Tiger prawns, nestled on spinach mash with a hollandaise sauce
\$24.90